



# Aquaplex Schedule July 2 - August 24, 2025

Sunday & STAT Holidays	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Pool Rental Time 12 - 1 p.m. (Excluding STATS) *MUST BOOK*	Lap Swim 6 - 8 a.m.	Lap Swim 6 - 8 a.m.	Lap Swim 6 - 8 a.m.	Lap Swim 6 - 8 a.m.	Lap Swim 6 - 8 a.m.	Lap Swim/Parent & Tot 11:00 a.m. -12 p.m.
		Ponoka Gators 7 - 8 a.m. (3 Lanes only)		Ponoka Gators 7 - 8 a.m. (3 Lanes only)		
Public Swim 1- 5 p.m.	Water Fitness 8:15 - 9:15 a.m.	Water Fitness 8:15 - 9:15 a.m.	Water Fitness 8:15 - 9:15 a.m.	Water Fitness 8:15 - 9:15 a.m.	Water Fitness 8:15 - 9:15 a.m.	Private Pool Rental Time 12 - 1 p.m. *MUST BOOK*
Information	Lifesaving lessons 9 - 11:45 a.m.	Lifesaving lessons 9 - 11:45 a.m.	Lifesaving lessons 9 - 11:45 a.m.	Lifesaving lessons 9 - 11:45 a.m.	Lifesaving lessons 9 - 11:45 a.m.	Public Swim 1 - 3 p.m.
<div>Recorded Schedule: 403-783-0110</div> <div>Front Desk: 403-783-0131</div> <div>*Check us out on Facebook and Instagram @TownofPonoka for upcoming events and schedule changes.</div>	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Private Pool Rental Time 3 - 4 p.m. *MUST BOOK*
	Public Swim 1 - 3 p.m.	Public Swim 1 - 4 p.m.	Private Pool Rental Time 1 - 3 p.m. *MUST BOOK*	Public Swim 1 - 4 p.m.	Public Swim 1 - 4 p.m.	Public Swim 4 - 6 p.m.
	Lap Swim/Parent & Tot 3 - 4 p.m.		Lap Swim/Parent & Tot 3 - 4 p.m.			Information
	Ponoka Gators 4:30 - 6:30 p.m. (3 Lanes only starting at 5:45 p.m.)	Ponoka Gators 4:30 - 6:30 p.m.	Ponoka Gators 4:30 - 6:30 p.m. (3 Lanes only starting at 5:45 p.m.)	Ponoka Gators 4:30 - 6:30 p.m.	Ponoka Gators 4:30 - 6 p.m.	*At all times, children aged seven years and under must have a caregiver aged 16 or older in the water within arm's reach.
	Lifesaving Lessons 5:45 - 7:30 p.m.	Aqua Zumba 6:45 - 7:30 p.m.	Lifesaving Lessons 6 - 7:30 p.m.	Public Swim 6:30 - 7:30 p.m.	Public Swim 6 - 9 p.m.	
	Toonie Swim 7:30 - 9 p.m.	Lap Swim 7:30 - 9 p.m.	Public Swim 7:30 - 9 p.m.	Lap Swim 7:30 - 9 p.m.		

See the other side for our prices and important dates/information.

**\*\*Please note that the schedule is subject to change.\*\***