



Arena Complex Drop-in Schedule May 12 - June 22, 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Large Floor	Large Floor	Large Floor	Large Floor	Large Floor	Large Floor	Large Floor
Open Time 11 a.m. - 5 p.m.	Ball Hockey 3:30 - 6 p.m.	Tots Play Time 9 - 10:30 a.m.	Lacrosse (Helmets Mandatory) 3:30 - 5:15 p.m.	Tots Play Time 9 - 10:30 a.m.	Lacrosse (Helmets Mandatory) 3:30 - 6 p.m.	Open Time 11 a.m. - 5 p.m.
	Lacrosse (Helmets Mandatory) 6 - 9 p.m.	Ball Hockey 3:30 - 9 p.m.	16 & Up Flag Football / Touch Rugby (will alternate each week) 5:30 - 7 p.m.	Lacrosse (Helmets Mandatory) 3:30 - 6 p.m.	Ball Hockey 6 - 9 p.m.	
		Lacrosse (Helmets Mandatory) 6 - 9 p.m.	Ball Hockey 7:15 - 9 p.m.	Ball Hockey 6 - 9 p.m.		
Small Floor	Small Floor	Small Floor	Small Floor	Small Floor	Small Floor	Small Floor
Ball Hockey 11 a.m. - 5 p.m.	Soccer 3 - 9 p.m.	Dodge Ball 3 - 9 p.m.	Ball Hockey 3:30 - 8 p.m.	Dodge Ball 3 - 9 p.m.	Soccer 3 - 9 p.m.	Ball Hockey 11 a.m. - 5 p.m.
Curling Rink	Curling Rink	Curling Rink	Curling Rink	Curling Rink	Curling Rink	Curling Rink
Volleyball 11 a.m. - 5 p.m.	Volleyball 3 - 9 p.m.	Volleyball 3 - 9 p.m.	Volleyball 3 - 9 p.m.	Volleyball 3 - 9 p.m.	Volleyball 3 - 9 p.m.	Volleyball 11 a.m. - 5 p.m.
Badminton 11 a.m. - 5 p.m.	Pickleball 3 - 9 p.m.	Badminton 3 - 9 p.m.	Pickleball 3 - 9 p.m.	Badminton 3 - 9 p.m.	Pickleball 3 - 9 p.m.	Badminton 11 a.m. - 5 p.m.
Basketball 11 a.m. - 5 p.m.	Basketball 3 - 9 p.m.	Basketball 3 - 9 p.m.	Basketball 3 - 9 p.m.	Basketball 3 - 9 p.m.	Basketball 3 - 9 p.m.	Basketball 11 a.m. - 5 p.m.

See the other side for our prices and important dates/information.

****Please note that the schedule is subject to change.****



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Important Information:

Facility Statutory Holiday Hours; 1 - 5:00 p.m. - May 19

Wolfcreek Public Schools PD Day Drop-in Hours; 1 - 3 p.m. - May 16, May 20, June 6

No Drop-in Programming Due to Private Rental; - June 4 - 9, June 13, June 23 - July 5

Front Desk: 403-783-0131

Single Admission:

- Infant (0-2): Free
- Individual: \$2.00
- Family (4 people): \$7.88

Arena Drop-in Programs User Guide:

- Children under eight years old must be supervised by a person aged 16 or older.
- Only water is allowed; no food or gum permitted.
- Please wear clean shoes; bare feet are not allowed.
- Staff reserve the right to limit the number of users and equipment in the arena.
- Participants are encouraged to bring their own equipment for drop-in sports and activities.
- Equipment will be provided for scheduled drop-in sports or activities.
- A Town of Ponoka recreation account must be set up before borrowing equipment

Program Types:

Tots Play Time: Unstructured playtime for toddlers to explore movement and social interaction in a supervised setting.

Lacrosse: Join a recreational game of lacrosse. All skill levels welcome; helmets required.

Ball Hockey: Participate in a recreational game of ball hockey. Indoor, non-contact play.

Flag Football: Non-contact football focused on speed, skill and teamwork. Suitable for all experience levels.

Touch Rugby: A non-contact version of rugby that promotes agility, coordination and teamwork.

Open Time: Unscheduled time for individuals or families to use the space for self-directed play.

Dodgeball: A fast-paced group activity emphasizing movement, coordination and fun.

Volleyball: Recreational volleyball open to all levels. Drop-in participation; no registration required.

Badminton: Singles or doubles play in a relaxed setting. Racquets available if needed.

Pickleball: A paddle sport combining elements of tennis and badminton. Easy to learn; open to all levels.

Basketball: Drop-in basketball for skill development, fitness and informal gameplay.

Arena Complex Passes	Child (5-7)	Youth (8-17)	Adult (18-59)	Senior (60+)	Family (up to five people)
1 Month	\$17.33	\$22.84	\$28.61	\$21.53	\$46.99
3 Months	\$34.39	\$45.68	\$56.96	\$42.79	\$93.98
6 Months	\$51.45	\$68.51	\$85.58	\$64.05	\$140.96
1 Year	\$85.58	\$113.93	\$142.28	\$106.84	\$234.94

*Check us out on Facebook and Instagram @TownofPonoka for upcoming events and schedule changes.