

Ponoka Aquaplex Schedule May 1 - June 30, 2023

| Single Admission | Monday | Tuesday | Wednesday | Thursday | Friday | Info |
|--|--|-------------------------------------|---|-------------------------------------|---|---|
| Rate | | | Lap Swim 6 - 8 a.m. | , | Lap Swim 6 - 8 a.m. | |
| Infant (0-2) Free Pre-K (3-5): \$1.75 Child (6-7): \$4.25 Youth (8-17): \$5.25 Adult (18-59): \$6.50 Senior (60+): \$5.50 Family (up to 4 people) \$15 | Lap Swim 6 - 8 a.m. | Lap Swim 6 - 8 a.m. | Ponoka Gators 7 - 8 a.m. (Two Lanes Only) | Lap Swim 6 - 8 a.m. | Ponoka Gators 7 - 8 a.m. (Two Lanes Only) | Recorded Schedule: 403-783-0110 Front Desk: 403-783-0131 Check out Facebook, |
| | Water Fitness 8:15 - 9:15 a.m. | Water Fitness 8:15 - 9:15 a.m. | Water Fitness 8:15 - 9:15 a.m. | Water Fitness 8:15 - 9:15 a.m. | Water Fitness 8:15 - 9:15 a.m. | |
| | Morning Lap Swim will be avaliable from 9:30 - 11:30 a.m. on: May 19, 23, and June 9 School Lessons will be in on the remaining days from 9:15 -11:30 a.m. | | | | | Twitter and Instagram @TownofPonoka for upcoming events and |
| | School Lessons 9:15 - 11:30 a.m. | School Lessons 9:15 - 11:30 a.m. | School Lessons 9:15 - 11:30 a.m. | School Lessons 9:15 - 11:30 a.m. | School Lessons 9:15 - 11:30 a.m. | schedule changes. |
| Sunday | Afternoon Lap Swim will be from 11:45 a.m 1 p.m. on May 9, 10, 11, and 15 due to school lessons. | | | | | Saturday |
| Lap Swim 11:30 a.m 12:30 p.m. | Lap Swim 11:30 a.m 1 p.m. | Lap Swim 11:30 a.m 1 p.m. | Lap Swim 11:30 a.m 1 p.m. | Lap Swim 11:30 a.m 1 p.m. | Lap Swim 11:30 a.m 1 p.m. | Lifesaving Lessons 9 a.m 12 p.m. |
| Private Pool Rental Time 12:30 - 1:30 p.m. | Public Swim will be avaliable from 1:15 - 3:45 p.m. on: May 19, 23, and June 9 School Lessons will be in on the remaining days from 1 - 2:30 p.m. | | | | | Lap Swim 11:30 a.m 12:30 p.m. |
| Public Swim 1:45 - 4 p.m. Important Info | School Lessons 1 - 2:30 p.m. | School Lessons 1 - 2:30 p.m. | School Lessons 1 - 2:30 p.m. | School Lessons 1 - 2:30 p.m. | School Lessons 1 - 2:30 p.m. | Private Pool Rental Time 12:30 - 1:30 p.m. |
| | Public Swim 2:45 - 3:45 p.m. | Toonie Tuesday 2:45 - 5:15 p.m. | Public Swim 2:45 - 3:45 p.m. | Public Swim 2:45 - 5:15 p.m. | Public Swim 2:45 - 3:45 p.m. | Public Swim 1:45 - 4 p.m. |
| May 9, 10, 11, and 15: Lap Swim will start at 11:45 a.m. insead of 11:30 a.m. due to school lessons. | Lifesaving Lessons 4 - 5:30 p.m. | | Lifesaving Lessons 4 - 5:30 p.m. | | Lifesaving Lessons 4 - 5:30 p.m. | At all times: children seven years and under must have a caregiver 16 years of age or older in the water within arms reach. |
| | Ponoka Gators 5:30 - 7:30 p.m | Ponoka Gators 5:30 - 7:30 p.m | Ponoka Gators 5:30 - 7:30 p.m | Ponoka Gators 5:30 - 7:30 p.m | Ponoka Gators 5:30 - 7:30 p.m | |
| May 22: The Ponoka Aquaplex will be temporarily closed for Victoria Day statutory holiday. | Public Swim 7:30 - 9 p.m. | Water Fitness 7:30 - 8:15 p.m. | Public Swim 7:30 - 9 p.m. | Water Fitness 7:30 - 8:15 p.m. | Public Swim 7:30 - 9 p.m. | |
| | | Lap Swim 7:30 - 9 p.m. | | Lap Swim 7:30 - 9 p.m. | Free Public Swim Sponsered by FCSS May 12 & 26 June 9 & 23 | |
| **Please note schedule is subject to change.** | | | | | | |