



Ponoka Aquaplex Schedule

February 13 - April 30, 2023

Single Admission Rate	Monday	Tuesday	Wednesday	Thursday	Friday	Info	
Infant (0-2) Free Pre-K (3-5): \$1.75 Child (6-7): \$4.25 Youth (8-17): \$5.25 Adult (18-59): \$6.50 Senior (60+): \$5.50 Family (up to 4 people) \$15	Lap Swim 6 - 8 a.m.	Lap Swim 6 - 8 a.m.	Lap Swim 6 - 8 a.m.	Lap Swim 6 - 8 a.m.	Lap Swim 6 - 8 a.m.	Recorded Schedule: 403-783-0110 Front Desk: 403-783-0131 Check out Facebook, Twitter and Instagram @TownofPonoka for upcoming events and schedule changes.	
	Water Fitness 8:15 - 9:15 a.m.	Water Fitness 8:15 - 9:15 a.m.	Water Fitness 8:15 - 9:15 a.m.	Water Fitness 8:15 - 9:15 a.m.	Water Fitness 8:15 - 9:15 a.m.		
	Morning Lap Swim will be available from 9:30 - 11:30 a.m. on: March 10, and 24; April 3, and 28. School Lessons will be in on the remaining days from 9:15 -11:30 a.m.						
	School Lessons 9:15-11:30 a.m.	School Lessons 9:15-11:30 a.m.	School Lessons 9:15-11:30 a.m.	School Lessons 9:15-11:30 a.m.	School Lessons 9:15-11:30 a.m.		School Lessons 9:15-11:30 a.m.
Sunday						Saturday	
Lap Swim 11:30 a.m. - 12:30 p.m.	Lap Swim 11:30 a.m. - 1 p.m.	Lap Swim 11:30 a.m. - 1 p.m.	Lap Swim 11:30 a.m. - 1 p.m.	Lap Swim 11:30 a.m. - 1 p.m.	Lap Swim 11:30 a.m. - 1 p.m.	Lifesaving Lessons 9 a.m. - 12 p.m.	
Private Pool Rental Time 12:30 - 1:30 p.m.	Public Swim will be available from 1:15 - 3:45 p.m. on: March 10, and 24; April 3, and 28. School Lessons will be in on the remaining days from 1-2:30 p.m.					Lap Swim 11:30 a.m. - 12:30 p.m.	
Public Swim 1:45 - 4 p.m.	Public Swim 2:45 - 3:45 p.m.	Toonie Tuesday 2:45 - 3:45 p.m.	Public Swim 2:45 - 3:45 p.m.	Public Swim 2:45 - 3:45 p.m.	Public Swim 2:45 - 3:45 p.m.	Private Pool Rental Time 12:30 - 1:30 p.m.	
Important Information March 23, 2023 Everyone Welcome Swim 5:45-6:45 p.m. will be unavailable due to the Ponoka Pool Sharks annual Swim-A-Thon. April 7 and 10, 2023 The Ponoka Aquaplex will be closed on Good Friday and Easter Monday.	Ponoka Sharks 4 - 5:30 p.m	Ponoka Sharks 4 - 5:30 p.m	Ponoka Sharks 4 - 5:30 p.m	Ponoka Sharks 4 - 5:30 p.m	Lifesaving Lessons 4 - 6:30 p.m.	Public Swim 1:45 - 4 p.m. At all times: children seven years and under must have a caregiver 16 years of age or older in the water within arms reach.	
	Lifesaving Lessons 5:30 - 7 p.m.	Toonie Tuesday 5:45 - 7 p.m.	Lifesaving Lessons 5:30 - 7 p.m.	Public Swim 5:45 - 7 p.m.	Public Swim 6:45 - 8:45 p.m.		
	Public Swim 7:15 - 8:45 p.m.	Water Fitness 7:15 - 8 p.m.	Public Swim 7:15 - 8:45 p.m.	Water Fitness 7:15 - 8 p.m.			
		Lap Swim 7:15 - 8:30 p.m.		Lap Swim 7:15 - 8:30 p.m.			

Please note schedule is subject to change.