



Fall 2025 Swimming Lessons

For more information or to register please visit Ponoka.ca

Phone: 403-783-0131 | Email: recreation@ponoka.ca

Parent & Tot Lessons Cost: \$45			
Session	Dates of Class	Days	Time
1	Oct 25 - Nov 29	Saturdays	9 - 9:40 a.m.
Preschool 1/2 Cost: \$45			
Session	Dates of Class	Days	Time
1	Oct 25 - Nov 29	Saturdays	10:35 - 11:15 a.m.
2	Dec 1 - 17	Mon/Wed	5:45 - 6:25 p.m.
Preschool 3/4 Cost: \$45			
Session	Dates of Class	Days	Time
1	Oct 25 - Nov 29	Saturdays	10:55 - 11:35 a.m.
1	Oct 27 - Nov 12	Mon/Wed	5:45 - 6:25 p.m.
2	Dec 1 - 17	Mon/Wed	6:35 - 7:15 p.m.
Swimmer 1/2 Cost: \$50			
Session	Dates of Class	Days	Time
1	Oct 25 - Nov 29	Saturdays	10:05 - 10:50 a.m.
1	Oct 27 - Nov 12	Mon/Wed	6:30 - 7:15 p.m.
2	Dec 1 - 17	Mon/Wed	5:45 - 6:30 p.m.

Swimmer 3/4 Cost: \$50			
Session	Dates of Class	Days	Time
1	Oct 25 - Nov 29	Saturdays	9:45 - 10:30 a.m.
2	Dec 1 - 17	Mon/Wed	6:30 - 7:15 p.m.
Swimmer 5/6 Cost: \$50			
Session	Dates of Class	Days	Time
1	Oct 27 - Nov 12	Mon/Wed	5:45 - 6:45 p.m.
Rookie, Ranger, Star Patrol Cost: \$58.50			
Session	Dates of Class	Days	Time
1	Oct 25 - Nov 29	Saturdays	9 - 10 a.m.
Private Lessons Cost: \$30 per one class			
To schedule private lessons, please contact Meaghan Sewell at 403-783-0131. (Each time slot is for one child only and is available for children ages 6 and up.)			
1	Oct 25 - Nov 29	Saturdays	11:20 - 11:50 a.m.
1	Oct 27 - Nov 12	Mon/Wed	6:50 - 7:20 p.m.
1	Nov 7 & 14	Fridays	4 - 4:30 p.m.
1	Nov 7 & 14	Fridays	4:30 - 5 p.m.
1	Nov 21 & 28	Fridays	4 - 4:30 p.m.
1	Nov 21 & 28	Fridays	4:30 - 5 p.m.

