
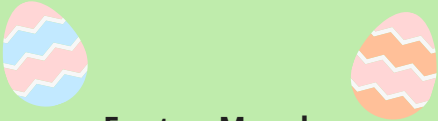





April 2026: Ponoka Arena Complex Spring Schedule



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Arena Drop-In Programs User Guide ☺ Children under the age of eight require direct supervision of a person 16 years of age or older. ☺ Water only. No food or gum. ☺ Clean shoes must be worn. No bare feet. ☺ Staff reserve the right to limit the number of users and/or equipment within the arena. ☺ Equipment will be available for the scheduled drop-in sport or activity at that time.			1	2	3	4
			Small Floor	Small Floor	Small Floor	
			Floor Hockey 12 - 3 p.m	Badminton Drop in 12 - 3 p.m	Good Friday No Drop In Programming	
5	6	7	8	9	10	11
	Small Floor	Small Floor	Small Floor	Small Floor	Small Floor	
	Easter Monday No Drop In Programming	Badminton Drop in 12 - 3 p.m.	Floor Hockey 12 - 3 p.m	Badminton Drop in 12 - 3 p.m	Friday Family Frenzy (Dodge Ball) 12 - 3 p.m	
12	13	14	15	16	17	18
	Small Floor	Small Floor	Small Floor	Small Floor	Small Floor	
	Floor Hockey 12 - 3 p.m	Badminton Drop in 12 - 3 p.m.	Floor Hockey 12 - 3 p.m	Badminton Drop in 12 - 3 p.m	Friday Family Frenzy (Dodge Ball) 12 - 3 p.m.	
19	20	21	22	23	24	25
	Small Floor	Small Floor	Small Floor	Small Floor	Small Floor	
	Floor Hockey 12 - 3 p.m	Badminton Drop in 12 - 3 p.m	No Drop In Programming Ponoka Community Expo Set Up	No Drop In Programming Ponoka Community Expo Set Up	No Drop In Programming Ponoka Community Expo	No Drop In Programming Ponoka Community Expo
26	27	28	29	30	Contact Info Front Desk: 403-783-0131 Check out Facebook and Instagram @TownofPonoka for upcoming events and schedule changes.	
	Small Floor	Small Floor	Small Floor	Small Floor		
No Drop In Programming Ponoka Community Expo	Floor Hockey 12 - 3 p.m	Badminton Drop in 12 - 3 p.m	Floor Hockey 12 - 3 p.m	Badminton Drop in 12 - 3 p.m		
		Rates: Infant (0-2) : Free Individual: \$2 Family of Four: \$7.50 Rec Pass Holder: Free				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Life Saving Swim Lessons: Cost \$45 for six sessions This program gives children a head start on learning to swim. The Preschool programs develop fundamental and physical literacy skills for aquatic activities. Interaction with peers and becoming comfortable with water and learning Water Smart education key messages that are incorporated into all levels. Rookie, Ranger, Star Patrol Lessons: Cost \$58.50 Part of the Canadian Swim Patrol program for swimmers who have completed the Learn-to-Swim program (Swimmer 6). The program will help develop participants swim strokes and the foundation for the Lifesaving Society's Bronze Medal awards.			1	2	3	4
			Back Room Aquaplex	Back Room Aquaplex		
			Pilates Must register for all four sessions 6:30 - 7:20 p.m.	Total Body Cardio 6 - 6:50 p.m.	Good Friday Closed 	
5	6	7	8	9	10	11
	Aquaplex		Back Room Aquaplex	Back Room Aquaplex		Aquaplex
	 Easter Monday Ponoka Aquaplex open for Public Swim from 1 to 5 p.m.		Pilates Must Register for all Four Sessions 6:30 - 7:20 p.m.	Total Body Cardio 6 - 6:50 p.m.		Pre School 3/4 Swim Lessons Ages 3-5 10:55- 11:35 a.m. <i>Start Date</i> Rookie, Ranger, Star Patrol Classes \$58.50 Ages 8 -16 9 - 10 a.m
12	13	14	15	16	17	18
	Aquaplex		Back Room Aquaplex	Back Room Aquaplex		
	Pre School 1/2 Swim Lessons Ages 3-5 5:45 - 6:25 p.m. <i>Start Date</i> Pre School 3/4 Swim Lessons Ages 3-5 6:35 - 7:20 p.m. <i>Start Date</i>		Pilates Must Register for all Four Sessions 6:30 - 7:20 p.m.	Total Body Cardio 6 - 6:50 p.m.		
19	20	21	22	23	24	25
			Back Room Aquaplex	Back Room Aquaplex		
			Pilates Must Register for all Four Sessions 6:30 - 7:20 p.m.	Total Body Cardio 6 - 6:50 p.m.		
26	27	28	29	30	April 2026: Town of Ponoka Programming 	
	Hudsons Green		Back Room Aquaplex	Back Room Aquaplex		
	'Try It' Tai Chi Class 7 - 8 p.m.		No Pilates	Total Body Cardio 6 - 6:50 p.m.		