

PONOKA BATTLE RIVER R² RUN

10 KM
5 KM
1KM KIDS

Prizes and medals to be won!

 April 11 at 9 a.m.

 **Baden Powell
Adventure Centre
(3924 46A Street Close)**



For more information and to register,
please visit Racepro.ca/battleriverun



Get Active with New Fitness Classes Multi-Purpose Room - Ponoka Aquaplex



Pilates with Hayley

- Mondays and Wednesdays
- Runs until March 25
- 6 to 6:50 p.m. & 7:10 to 8 p.m.



Total Body Cardio Fitness

- Thursdays
- Runs until March 26
- 6 to 6:50 p.m.

- Classes are \$15 each or \$7.50 each with a Ponoka Recreation Pass.
- To learn more and to register online, please visit Ponoka.ca/p/recreation-programming
- You can also register in person at the Ponoka Aquaplex (5315 46 Avenue).

Spring Break Day Camp March 23 to 27



- For children, ages six to 12.
- At the Ponoka Arena Complex.
- Fun, supervised activities, including sports/games, arts/crafts and hands-on learning.
- Kids will also go swimming
- To view the schedule and register your child, please visit Ponoka.ca/p/day-camps
- Or register in person at the Ponoka Aquaplex (5315 46 Avenue) or Ponoka Arena Complex (4410 - 54 Street).

Help Prevent False Alarm Fire Calls



False alarms can be a serious safety issue. Firefighters could be sent to a call where they aren't needed, making them unavailable for a true emergency.

You can help by following these simple steps:

1. Test your smoke alarms monthly and change the batteries annually;
2. Smoke alarms should be placed at least 10 feet from the stove and oven. Smoke alarms **should not** be placed in bathrooms or garages to avoid shower steam and dust;
3. Call your alarm company immediately if your smoke alarm is accidentally triggered to prevent a fire truck from being dispatched;
4. When you move into a new home, ensure you have the necessary codes and/or passwords to contact the alarm monitoring company in the event of a false alarm;
5. Save the alarm monitoring company's phone number, so you recognize it when they call to confirm if an alarm call coming from your home is a real emergency. Please also ensure the alarm monitoring company has your current contact information; and
6. Review your operator's manual on how your alarm system operates.

To learn more, please visit Ponoka.ca/p/false-alarms

~ TOWN NEWS ~

• **Bronze Cross Course** - Take the next step in becoming a lifeguard and enroll in the Bronze Cross Course. The course will run from March 23 to 25 from 8 a.m. to 12 p.m. at the Ponoka Aquaplex. Please note that Bronze Medallion, a current Intermediate First Aid, CPR-C certification and a minimum 13 years of age are prerequisites for the Bronze Cross Course. For more information, please visit Ponoka.ca/p/recreation-programming or call 403-783-0131.



• **Public Skating and Shinny Hockey** - The Ponoka Arena Complex offers public skating and shinny hockey throughout the week. To view the programming schedule, please visit Ponoka.ca/p/ice-season-programming

• **Recyclable Materials** bundled in clear or blue transparent plastic bags should be placed at the curb for pick up on February 25, 26 and 27 - depending on your Zone.

• **Grey Carts and Green Carts** should be placed at the curb for pick up on March 4, 5 and 6 - depending on your Zone.

• **Missed Pickups** - If your curbside green or grey cart was not picked up on your collection day, please contact E360S dispatch at 403-341-9300 or by email at rddispatch@E360S.ca. If your recycling was missed, please contact E360S dispatch at 587-217-1975 or by email at EPR-Alberta@E360S.ca.

~ UPCOMING COUNCIL MEETINGS ~

• Next **TOWN COUNCIL MEETING**: Tuesday, March 10 at 6 p.m.

• Next **PRIORITIES AND INITIATIVES COMMITTEE MEETING**: Tuesday, March 17 at 6 p.m.

The public is welcome to attend all Council meetings. Meetings will be held in Town Council Chambers on the third floor of the Ponoka Civic Centre (5604 50 Street).

• **Council Meeting Highlights** - Can be viewed at Ponoka.ca/p/council-meeting-highlights



Hometown Weekly
Town of Ponoka News and Events

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