

# Paint the Ice Night

Monday, March 23 | 5 - 7 p.m.  
 Ponoka Arena Complex (4410 54 Street)  
 ✨ Free admission  
 🎨 Paint supplies provided  
 🛑 Helmets required for all participants

Join us for a fun-filled evening! Unleash your inner artist and transform the large ice surface into a colourful masterpiece.

We can't wait to see you there!

## Take the Next Step to Becoming a Lifeguard

- Enroll in the Bronze Cross Course at the Ponoka Aquaplex from **March 23 to 25 from 8 a.m. to 12 p.m.**
- Please note that *Bronze Medallion*, a current *Intermediate First Aid*, *CPR-C certification* and a *minimum 13 years of age* are prerequisites for the *Bronze Cross Course*.
- To register, please visit [Ponoka.ca/p/recreation-programming](http://Ponoka.ca/p/recreation-programming) or call 403-783-0131. You can also register in-person at the Ponoka Aquaplex.



## Sound Bath & Yoga

Friday March 20 at 6 p.m.

*Relax. Restore. Reconnect.*

- 👤 Facilitators: **Marcus Fung and Kris Inglis**
- 📍 Hudson's Green Nature and Activity Centre (6210 61 St., Ponoka)
- 🌐 Pre-register online at [Ponoka.ca/p/recreation-programming](http://Ponoka.ca/p/recreation-programming) or register in-person at the Ponoka Aquaplex.
- 💰 \$45 per person

# PONOKA BATTLE RIVER R<sup>2</sup>UN

10 KM  
5 KM  
1KM KIDS  
Prizes and medals to be won!

🕒 April 11 at 9 a.m.  
 📍 **Baden Powell Adventure Centre**  
 (3924 46A Street Close)



For more information and to register, please visit [Racepro.ca/battleriverun](http://Racepro.ca/battleriverun)



## Spring Break Day Camp

March 23 to 27



- For children, ages six to 12.
- Ponoka Arena Complex.
- Fun, supervised activities, including sports/games, arts/crafts and hands-on learning.
- Kids will also go swimming!
- To view the schedule and register your child, please visit [Ponoka.ca/p/day-camps](http://Ponoka.ca/p/day-camps)
- Or register in person at the Ponoka Aquaplex (5315 46 Avenue) or Ponoka Arena Complex (4410 - 54 Street).

## ~ TOWN NEWS ~

- **Receive Critical Information Quickly** - Download the Town of Ponoka's app or register online to receive alerts by text, email or phone. You will receive alerts that keep you informed about utility service disruptions, large-scale, local emergencies; and other important Town news. Learn more by visiting [Ponoka.ca/p/alerts](http://Ponoka.ca/p/alerts) or phone the Town Office at 403-783-4431.
- **Recyclable Materials** bundled in clear or blue transparent plastic bags should be placed at the curb for pick up on March 11, 12 and 13 - depending on your Zone.
- **Grey Carts and Green Carts** should be placed at the curb for pick up on March 18, 19 and 20 - depending on your Zone.
- **Missed Pickups** - If your curbside green or grey cart was not picked up on your collection day, please contact E360S dispatch at 403-341-9300 or by email at [rddispatch@E360S.ca](mailto:rddispatch@E360S.ca). If your recycling was missed, please contact E360S dispatch at 587-217-1975 or by email at [EPR-Alberta@E360S.ca](mailto:EPR-Alberta@E360S.ca).

## ~ UPCOMING COUNCIL MEETINGS ~

- Next **TOWN COUNCIL MEETING**: Tuesday, March 24 at 6 p.m.
  - Next **PRIORITIES AND INITIATIVES COMMITTEE MEETING**: Tuesday, March 17 at 6 p.m.
- The public is welcome to attend all Council meetings. Meetings will be held in Town Council Chambers on the third floor of the Ponoka Civic Centre (5604 50 Street).
- **Council Meeting Highlights** - Can be viewed at [Ponoka.ca/p/council-meeting-highlights](http://Ponoka.ca/p/council-meeting-highlights)



# Hometown Weekly

Town of Ponoka News and Events

Town of Ponoka  
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 Website: [Ponoka.ca](http://Ponoka.ca)

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