



Ponoka Aquaplex Schedule

September 12 - December 23, 2022

Single Admission Rate	Monday	Tuesday	Wednesday	Thursday	Friday	Info
Pre-K (1-5): \$1.50 Child (6-12): \$3.75 Teen (13-17): \$4.75 Adult (18-59): \$5.50 Senior (60+): \$4.75 Family: \$14.00 Senior Fitness: \$5.25 Adult Fitness: \$6.50	Lap Swim 6 - 8 a.m.	Lap Swim 6 - 8 a.m.	Lap Swim 6 - 8 a.m.	Lap Swim 6 - 8 a.m.	Lap Swim 6 - 8 a.m.	Recorded Schedule: 403-783-0110 Front Desk: 403-783-0131 Check out Facebook, Twitter and Instagram @TownofPonoka for upcoming events and schedule changes.
	Water Fitness 8:15 - 9:15 a.m.	Water Fitness 8:15 - 9:15 a.m.	Water Fitness 8:15 - 9:15 a.m.	Water Fitness 8:15 - 9:15 a.m.	Water Fitness 8:15 - 9:15 a.m.	
					Lap Swim 9:30 a.m. - 1:30 p.m.	
Sunday	Lap Swim 9:30 a.m. - 1:30 p.m.	Lap Swim 9:30 a.m. - 1:30 p.m.	Lap Swim 9:30 a.m. - 1:30 p.m.	Lap Swim 9:30 a.m. - 1:30 p.m.	October 7, 28, November 25, December 9 and 23 Everyone Welcome Swim 1:45 - 3:45 p.m.	Saturday
Lap Swim 11 a.m. - 12 p.m.						Lap Swim 11 a.m. - 12 p.m.
Private Pool Rental Time 12:30 - 1:30 p.m.						Private Pool Rental Time 12:30 - 1:30 p.m.
Everyone Welcome Swim 1:30 - 4 p.m.	Ponoka Sharks 4 - 5:30 p.m.	Ponoka Sharks 4 - 5:30 p.m.	Ponoka Sharks 4 - 5:30 p.m.	Ponoka Sharks 4 - 5:30 p.m.	Red Cross Lessons 4 - 6 p.m.	Everyone Welcome Swim 1:30 - 4 p.m.
Important Info						
September 30 The Ponoka Aquaplex will be temporarily closed on Friday, September 30 for National Day for Truth and Reconciliation.	Everyone Welcome Swim 5:45 - 8:30 p.m.	Toonie Tuesday 5:45 - 7p.m.	Everyone Welcome Swim 5:45 - 8:30 p.m.	Everyone Welcome Swim 5:45 - 7 p.m.	Everyone Welcome Swim 6:15 - 8:30 p.m.	At all times: children seven years and under must have a caregiver 16 years of age or older in the water within arms reach.
October 10 The Aquaplex will be temporarily closed on Monday, October 10 for Thanksgiving.		Water Fitness 7:15 - 8 p.m.		Water Fitness 7:15 - 8 p.m.		
November 11 The Ponoka Aquaplex will be temporarily closed on Friday, November 11 for Remembrance Day.		Lap Swim 7:15 - 8:30 p.m.		Lap Swim 7:15 - 8:30 p.m.		

Please note schedule is subject to change.